

ALAIN & DANIELLE DAGBA

Husband & Wife | Spiritual Teachers

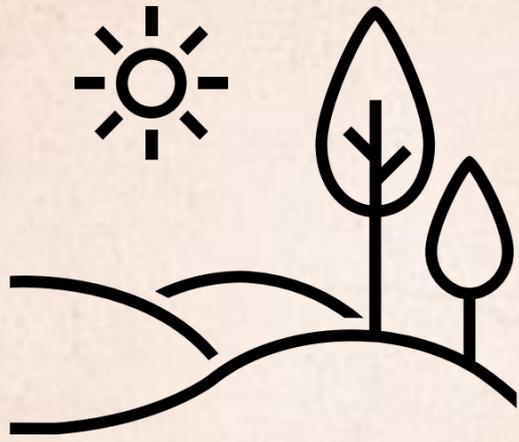
YOUR SOUL JOURNEY

MANUAL



**Your Spiritual Compass To Knowing Where You
Are In Your Life And What Is Really Going On**

www.happinessretreatcenter.com



COPYRIGHTS

This is an original work of Alain & Danielle DAGBA all rights reversed ©2021. No part of this material should be duplicated or shared with a third party that did not purchase the material. The content within this material must not be used for any teaching or training purposes without a written consent of the authors in the persons of Alain & Danielle Dagba.



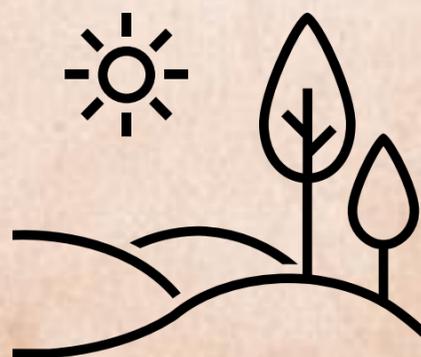


A MESSAGE FOR YOU

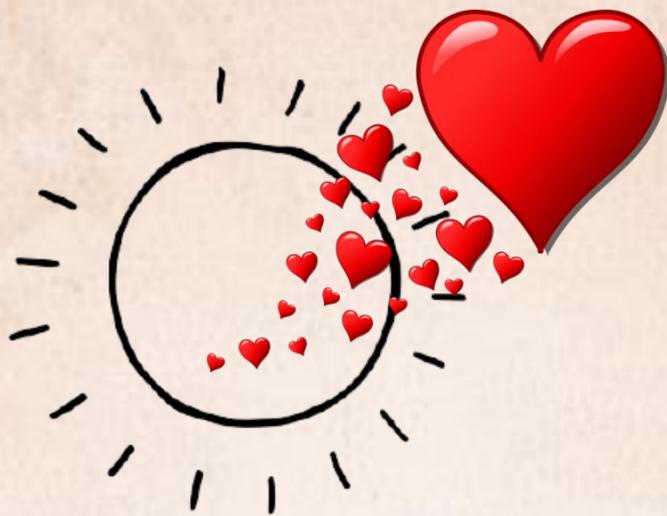
Dear Soul,

We are Alain and Danielle, husband and wife, spiritual teachers. The wisdom you are about to read has been channeled some years ago from our conversation with God or the Holy Spirit when we were looking for answers to better our own lives. You are chosen to read it and know it, that's why it came to you. So, enjoy and let it live through you.

ALAIN & DANIELLE



WELCOME



WHAT BROUGHT ME HERE?

What brought you here is not something you can explain. But we know when something is meant to be, it shall be. We also know that you are about to discover some profound wisdom about yourself and the life you are currently living. And what you will learn can only liberate you. Set you free. It's called the TRUTH. It brought you here. Your soul has been searching for it. Quietly. Gently.



WHAT IS THE TRUTH?

The TRUTH is what does not change. It is the only wisdom that your soul understands with no confusion. The TRUTH is what sets you free from ignorance. When your soul rises to the top of the holy mountain or into a higher awareness of life, the TRUTH appears like a butterfly of wisdom at the center of your perception or your inner eye to set your mind free from ignorance.



WHAT IS FREEDOM?

Freedom is when you apply the TRUTH as the wisdom of your heart long enough until it becomes LOVE. Once your heart is able to generate LOVE regardless of outside circumstances, wisdom has become LOVE. The butterfly has become the lotus flower of grace. Your heart has become the top of the mountain or the highest awareness of life. You are now aware of life from the heart, not from the mind. You will begin to live your life from LOVE. This is freedom.



WHAT IS THE HIGHEST AWARENESS OF LIFE?

Have you noticed that your soul is always seeking for the experience of peace, tranquility, serenity, joy, enthusiasm, bliss, and divinity (love)? This is your soul seeking to become these seven qualities which in their totality represent the highest awareness of Life. When you become these seven qualities, you will be able to understand life, the laws of the universe, and humans and have compassion for them. Compassion is the radiant sun of your soul shining from your heart.



BUT YOU SPOKE OF TWO MOUNTAINS.
WHAT IS THE DIFFERENCE?



At first, your soul will desire the highest awareness of life through the mind. The mind is the first mountain. The soul will misunderstand its desire as having material possessions, accomplishments, and pleasures. It shall be the same for every soul. Then, through life experiences, most souls discover the second mountain, which is the real mountain: The Heart. The energy of the heart is known as the bread from above that nourishes the soul. This energy of the heart is like a healing plant that restores the soul periodically.



IS THERE SOMETHING WRONG WITH DESIRING MATERIAL POSSESSIONS?

The soul cannot desire anything that is wrong. The soul can only desire what is good for the soul. The soul may choose the wrong way to experience its desire. But the soul is always desiring what it knows is good for it. But there is an order. The mind thinks the physical experience will bring life to the soul. That's the first order that comes with suffering. The heart thinks that the energy of the heart will bring life to the soul. And the heart is right. But this is the second order that values human connection above all else.



WHAT DO YOU MEAN BY BRINGING LIFE TO THE SOUL?

Life is the energy of the heart. It is what the soul must consume during an entire incarnation on the earth plane. This life is the **FORCE** or the combination of the seven energies we spoke of. This force is known by some as Chi. It is also known as mana. It's the daily bread of the soul. When this force is not flowing from the heart, the soul feels dead, and the physical body feels weak and heavy; susceptible to diseases. But this **FORCE** or **LIFE** or **BREAD** is the magic wand of prayer that brings all material forms into visibility.



DO WE STILL NEED THE INTELLECT IF WE CAN THINK FROM THE HEART?

The star of the brain known as the intellect performs at its lowest rate of intelligence leading to error and mistaken perception of reality when the FORCE is not flowing in the heart. Just like the moon uses the light of the sun to become visible, so does the intellect. The sun is the FORCE in the heart. It gives its light or wisdom to the intellect so that it may function according to the divine plan written inside all mankind. When the FORCE is in the heart, the intellect becomes innocent like a child so it may see through the spiritual eye what it could not see before.



WHAT THEN IS THE POINT OF BEING IN
A LOVE RELATIONSHIP FOR EXAMPLE?

It's true that the soul can enjoy the FORCE on its own and be satisfied. But the divine plan is for the FORCE to fill the entire planet, even the plants, and the animals, and the minerals. Love relationships are designed to facilitate the blooming of the FORCE on the planet starting between two people, and then spreading to the souls in the family they both create, and then moving into societies, and then to the world. This is the plan of the divine to manifest its presence in the earth plane as a living glow substance of light particles.



HOW DO WE TEACH THIS TO OUR CHILDREN

Children are closer to this truth than adults. The adults are the first children that have forgotten this truth. They forgot they are here to awaken the BREAD at the center of their heart. They forgot the divine agenda. They are designed to have children so that their subconscious craving of being a child again could remind them of what they have forgotten.



ARE THE CHILDREN THEN
SUPPOSED TO HELP THE ADULTS?

Seeing a child makes adults smile because their soul is smiling from remembering its true desire to consume the FORCE or the BREAD of life while adults are chasing it in the material world where it cannot be found. The adults who live from the FORCE automatically feed his children by telepathy. The FORCE flies like an eagle that renews its strength by giving itself to another from the heart of the parent into the third eye of the child witnessing the compassion of the parent.



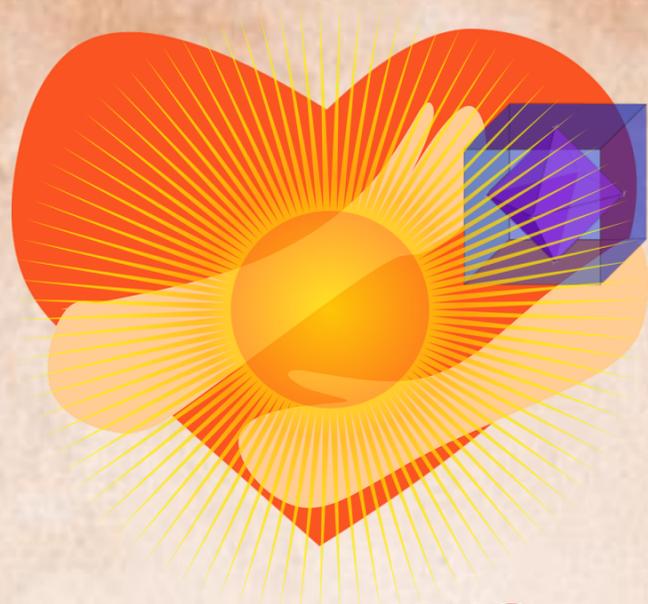
WHAT IS THE THIRD EYE?

The third eye is the eye of the soul. It's the single eye through which the soul can enter the kingdom. It is the eye that should only see the TRUTH. It should see only what is real, not what appears to be real. It's your perception. When it perceives only what is good, it makes the events of the outside world conform to the good it sees through telepathy. But when the third eye is corrupted, your perception of reality is distorted, and you create your own sufferings on earth.



HOW DO WE KEEP THE THIRD EYE PURE?

The eye of the soul becomes corrupted only when you believe the material world can give BREAD or LIFE to the soul. When you believe the material world can give peace, tranquility, serenity, joy, enthusiasm, bliss, and the experience of divinity as Love to the soul, your perception is trapped inside the material world where disappointment, discouragement, and fears happen. These three energies then cling onto the third eye and make you a bitter, fearful, judgmental, and restless soul. That's how suffering begins.



WHAT IS SUFFERING?

Suffering is trying to find something where it could not be found. You believe by having this house you will feed your soul with peace. You believe by having this amount of money you will feed your soul with tranquility. You want to turn a stone or the material world into bread or foods for the soul. That's why you suffer as humans. It's the other way around. If you can feed the soul first with the seven energies of the FORCE, it is called Self-Love or seeking first the Kingdom of God.





WHAT IS SEEKING FIRST THE KINGDOM AND WHAT IS GOD?

A kingdom is where a king lives. A king is a ruler. When LOVE or the FORCE or the BREAD is ruling the intents of your heart, your heart becomes the kingdom, the dwelling place of the KING. Humans forgot why they came. They came to manifest the kingdom, to make the kingdom come out of their heart into the world. That should be what they first seek as their original assignment. Those who first seek to generate the FORCE from the heart end up enjoying all the goods of the material world without the eye of their soul being corrupted. They took off the mask of who they are not.





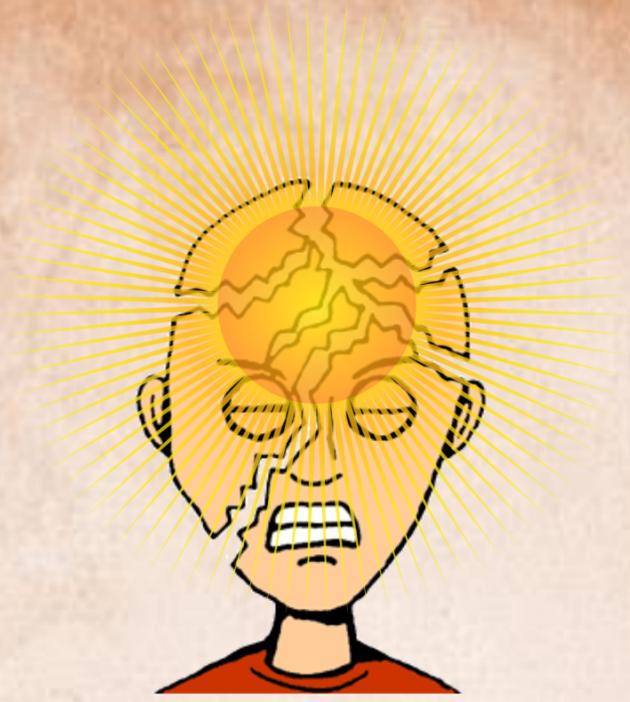
WHAT DO YOU CALL THE MASK OF WHO THEY ARE NOT?

Pretending. When you believe you can find the seven energies to feed your soul from social status, how people view you, or with material possessions, you will always pretend to be more important than others. This is the mask that is as fragile as a feather. It cannot hold its fragile appearance for too long. When it starts falling on its own because it fails to satisfy the soul, your mind and body fall into a deep hole known as depression. It's better to take off the mask on your own instead of waiting for it to fall off through many disappointments, discouragements, and fears.



HOW DO WE TAKE OFF THE MASK WITHOUT FEELING SCARED?

There is only one way. You must know who you are. The false belief that you are a physical form is what started the craving for the material world in the first place. Once you drop this belief and understand that you are a soul living inside the body, you have started to take off the mask also known as your false identity or your old self. It can no longer serve you. You have found the light.



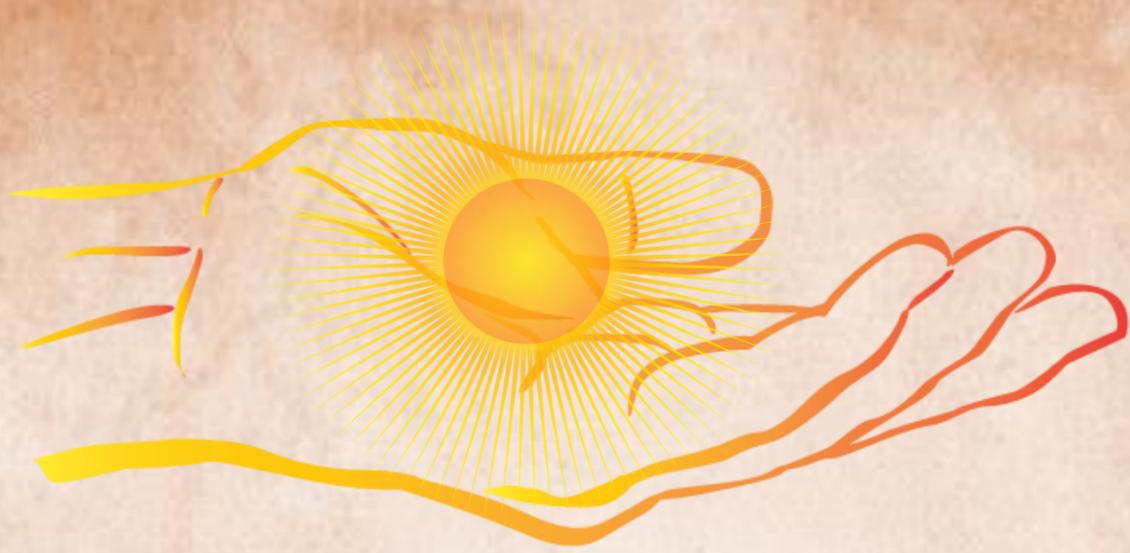
WILL I FEEL PAIN WHILE TAKING OFF THE MASK?

Yes! But this pain will not be coming from you losing your false identity. Unfortunately, this is how most of you humans interpret that pain. Instead, it is the pain of childbirth. It's a glorious pain that does not harm. It becomes harmful only when you see it as losing something that you believe you cannot live without. On the contrary, a new version of you is coming into the world with a deserving celebration. You are returning to become a child—innocent.



WHY DOES IT FEEL SO SCARY TO DROP THE FALSE IDENTITY?

It's not the falling of the mask that creates the uneasiness you refer to as fear or being scared. It's your newborn identity rising to the highest mountain of the soul that is nervous. This highest mountain is all about living from the heart through the FORCE. The newborn child is no longer familiar with the way of the heart. So, it is nervous. But it is just for a moment in time. The nervousness will pass away once the child begins to recall how it felt like to be in LOVE all the time.



WHY DO YOU CALL IT THE FORCE?

The word **FORCE** means **STRENGTH**. It is the **BREAD** that gives strength to the soul and the body through the chandelier. The chandelier is the seven energy centers inside your energy body. When the **FORCE** is activated inside the heart, all the other energy centers light up and become activated. The entire human being becomes more energy than matter, with the power to channel the **FORCE** into others from his or her hands and heal them.





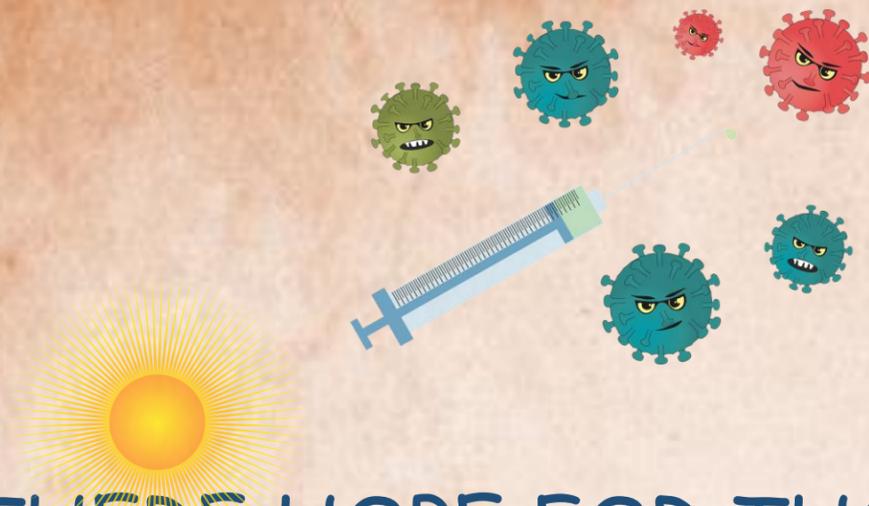
**WILL PEOPLE ACCEPT THIS MESSAGE
WHEN WE START TEACHING IT?**

It must be like a school. This is how it was done in old days. As teachers, you must be able to see who is ready to go through the school. But most of your first students will take the knowledge for granted. It will be like a small flame that will appear in their lives for a while; and then they will put the flame off and go back to seeking BREAD for their soul from the material world again. It has also been this way among humans.



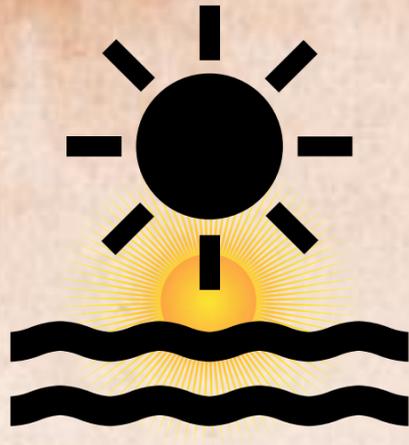
WILL SOME SOULS AT LEAST RECEIVE THE MESSAGE?

Yes! Those who will remember. Because remembering is more powerful than knowledge. However, some souls will leave the earth without ever knowing who they are. These are the souls who have stayed too long in the belief that they are their body. So, they needed the material world for survival. But many souls will receive this truth from other traditions of knowledge. So, be at peace.



IS THERE HOPE FOR THOSE WHO HAVE GONE TOO DEEP INTO THE MATERIAL WORLD?

There is always hope. By going through self-inflicted pains, many humans will end up realizing that their soul cannot find BREAD from the material world. If they see their pains as a gate into their awakening, it shall be so. Because they will lose a lot from their material possessions and material identity to finally come to this awakening. But if they see the loss as a curse, they will unfortunately seek to end their lives. The outcome is always about how the human interprets the events of life.



**YOU SPOKE OF TELEPATHY.
ARE WE ALL SUPPOSED TO
LEARN HOW TO TELEPATH?**

You are a soul and a soul can only communicate through telepathy. If you did not have a body with a mouth, a tongue, or any other organs to communicate with, you will speak with your thoughts and feelings alone. That's the original choice of the creator; that humans communicate through telepathy. But humans alter their brain to develop verbal communications which make their intellect sometimes lose the wisdom or the sun of the heart.



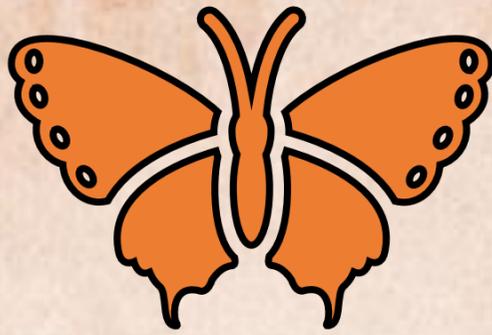
HOW DOES THE INTELLECT BECOME DARK BECAUSE OF VERBAL SPEECH?

Did it ever happen to you to not find the right words to explain an idea or a feeling? That's your intellect that has become dark for a moment. You listen to the heart not through your physical ears but through your third eye. If you listen to your heart and allow the FORCE to speak through your perception, you will never misunderstand each other on the earth plane. But you rely too much on your intellect to create a verbal speech for everything you want to communicate. This is one of the reasons you cannot hear from God.



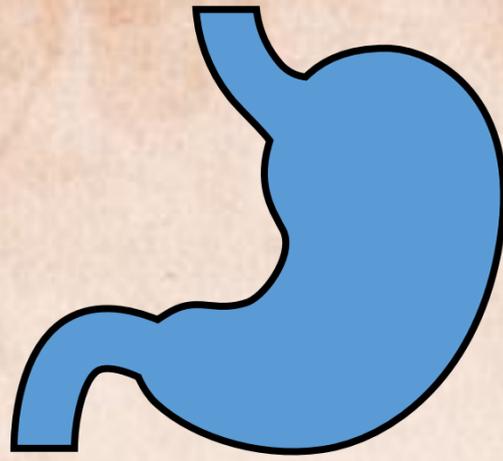
HOW DO WE START HELPING PEOPLE?

You show them the way. They must help themselves. The only help that stays is the one they give themselves. You are simply here to guide them to what they have forgotten. Once they start remembering who they are, they will also start remembering where to find the **BREAD of STRENGTH** for their souls. So, your work is to help them awaken the sacred power of their superconscious mind.



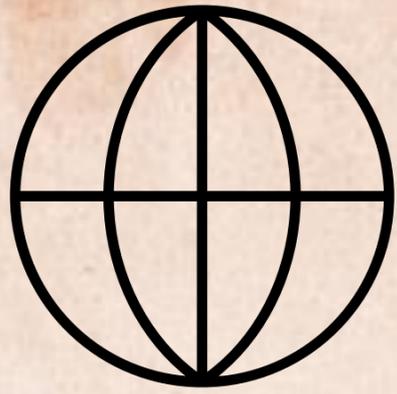
WHAT DO YOU CALL THE SACRED POWER OF THE SUPERCONSCIOUS MIND?

The superconscious mind of all humans speaks through their gut. They call it gut feeling. When the FORCE of LOVE flows like a golden liquid of light into the gut to awaken peace, fear no longer rises from the gut. The voice of the FORCE of LOVE that rises from the gut is the sacred power of mankind to heal, to restore, to forgive, to give, to uplift, to resurrect, to attract, and create good fortunes on earth for the enjoyment of all, animals, and plants included.



HOW LONG WILL IT TAKE FOR
PEOPLE TO DIGEST THIS TRUTH?

Every knowledge is digestible through repetition or chewing on the same knowledge many times. At one point, the debris of the knowledge that were created by misunderstanding will dissolve. What is left inside the soul and the body after many repetitions is the wisdom or the TRUTH that sets man free. Repetition is the key. You must train them to have daily conversations with me as you are now; for I am the breath of LIFE in every soul.



WHEN WILL THE NEW EARTH APPEAR?

The meaning of the new earth is a state. It's a state of peace, a state of tranquility, a state of serenity, a state of joy, a state of enthusiasm, a state of bliss, and a state of divinity. The new earth has been appearing for so many people on the earth plane. It's known as coming to the full measure of the nature or stature of Christ, the God's nature in mankind—the second coming of God in human consciousness. If a soul can start creating on its own these seven energies without the help of the outside world, the new earth has appeared for such a soul.



WHAT WILL BE THE FIRST SIGN OF THIS STATE OF THE NEW EARTH?

A divine idea or star will start flashing from within the gut of the soul like the sun rising from the east to appear in the west or the external world. The soul will begin to feel a joy that cannot be explained and a peace that is beyond the intellectual understanding. There is no outside reason for this peace and joy to exist. They simply exist. That's the sign that such a soul is experiencing the new earth.



WILL THIS BE THE END OF SUFFERING?

Yes, all sufferings are self-inflicted through dependance on the outside world or the material world to feed the soul. Once the soul can create and experience its own peace, tranquility, serenity, joy, enthusiasm, bliss, and love or divinity through a conversation with me, the breath or the inspiration of the superconscious mind, the soul is free from suffering. Suffering is replaced with compassion which is another name for love put into action.

DIVINITY

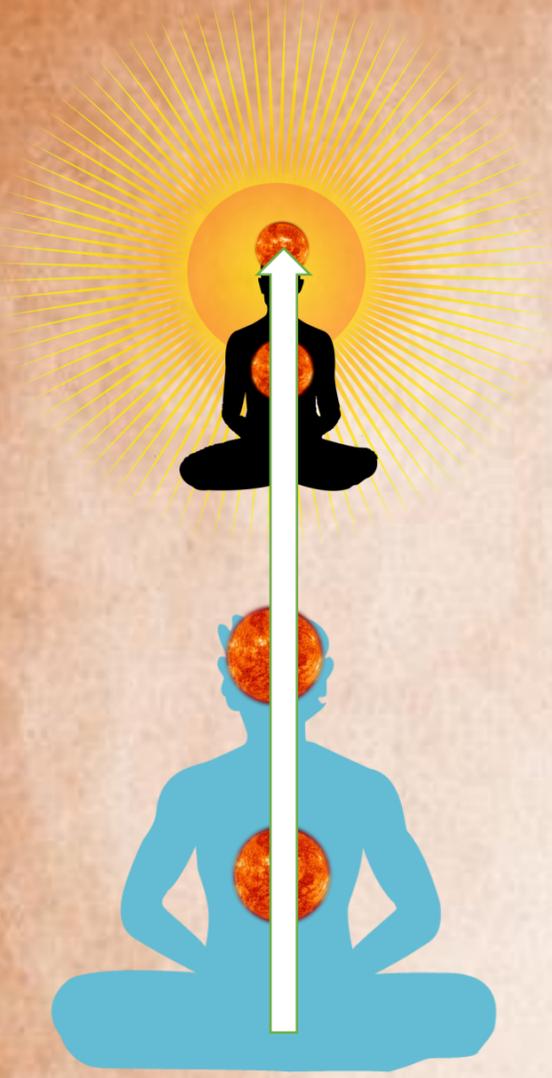


PEACE



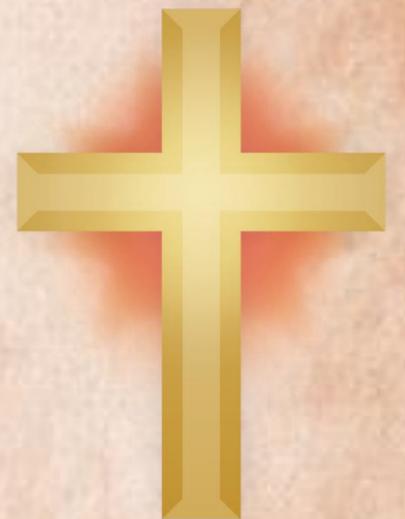
INSIGHTS

When the soul is free, everything in the soul's life becomes free.



INSIGHTS

All relationship issues, financial issues, and health issues begin and manifest through one problem: The human being living his or her life through the false identity carved out of the material world.





INSIGHTS

Peace in the heart
will appear as a
dove of liberation
above your head.

INSIGHTS

When the false identity is crucified, a golden light of pure bliss appears above and around our head as a helmet of salvation or a crown of glory, keeping toxic ideas moving through the atmosphere (the kingdom of the air) away from our mind.



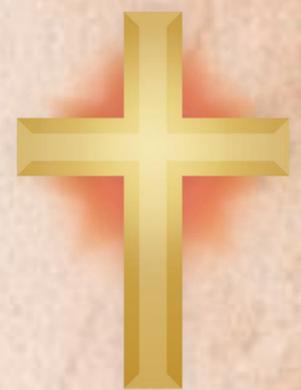


INSIGHTS

When your suffering is not ending, it simply means that you have not yet removed the totality of your expectations to find foods for your soul in the material world.

INSIGHTS

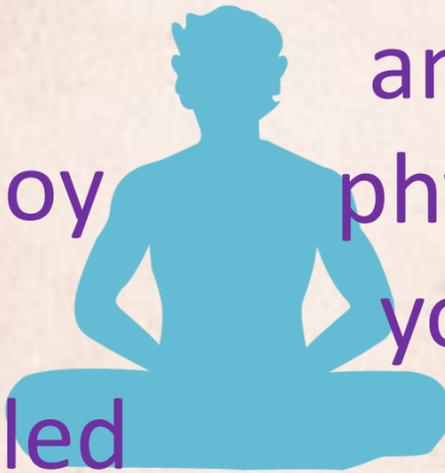
There is nothing you could buy, achieve, or accomplish, and there is nothing any human being could do, to make you have enough substance to feed your soul the seven energies it requires for life.





INSIGHTS

Seek first the art of feeding your soul from your conversation with God, and all that you desire to enjoy in the material world will be pulled toward you by the **FORCE of LOVE** from the center of your heart.



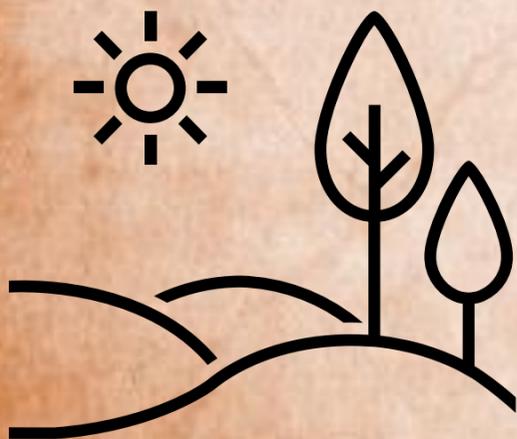
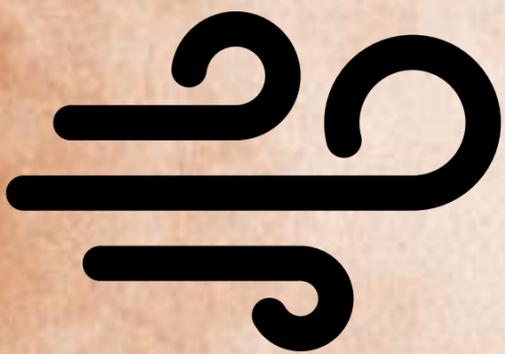
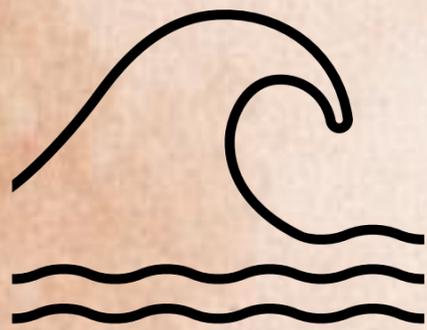
INSIGHTS

Seek first to gain peace, tranquility, serenity, joy, enthusiasm, bliss, and love from the physical world and your possessions, and you will encounter discouragement, disappointment, and fear.

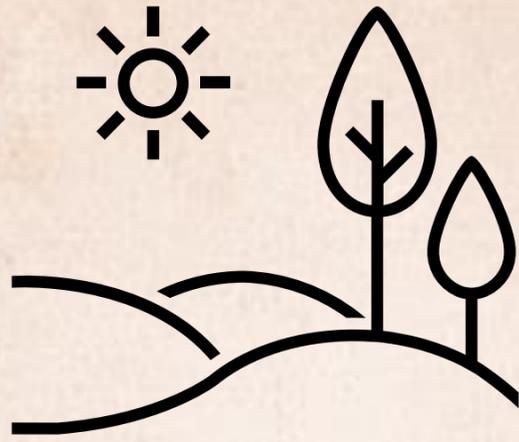


TIME TO MAKE A DECISION

If you have not yet awakened the sacred power of your superconscious mind or the voice of God in you, now is the opportunity to apply to attend the Soul Journey Academy that we have created from this divine conversation.



The creator has given you water, fire, air, and earth to make a living on earth. But you must be the one to give yourself the emotion, the passion, the inspiration, and the action to live.



YOUR DECISION?

If you are ready, click on the link below to book a Live Video Zoom Call with us.

WE CANNOT WAIT TO HEAR YOUR TESTIMONIAL AFTER READING THIS BOOK.

<https://calendly.com/alaindanielle/perspective-call?month=2022-08>

ALAIN & DANIELLE